

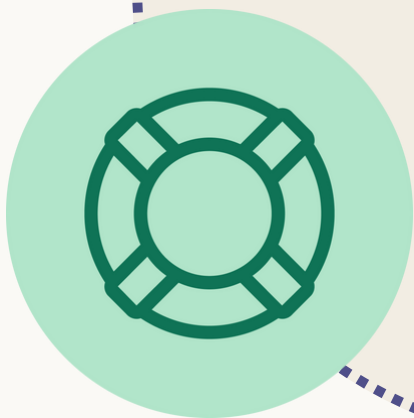
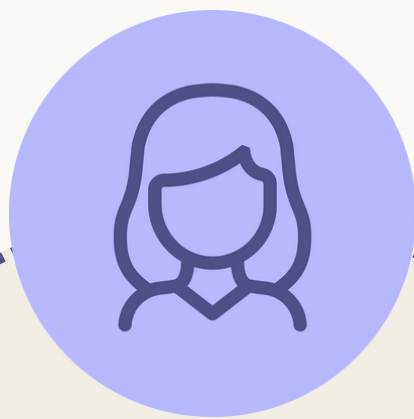
brain in hand

Personalised, practical coaching & 24/7 support for neurodivergent employees

Expert coaching and practical support to help neurodivergent talent achieve more. Boost retention, productivity, and well-being.

Seamless support, any time, anywhere

1-to-1 coaching



24/7 on-demand human support



A toolkit of digital coaching tools

Evidence-based support with impact

Employers

£6,804

average annual cost savings

33%

improved presenteeism

Employees

97%

of those taking fewer days off work reported better mental health.

90%

of those with better work performance noted improved mental health.

“

I was overwhelmed at work and unable to make decisions or focus. The unplanned events feature helped me to reduce overwhelm, get back on track, and complete my work. It helps me be more productive and better support myself.

– Brain in Hand user

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Have questions or want to learn more?

[Get in touch here.](#)